

# Goodies

**Cinnamon Roll - EVERYDAY**  
790-950 cal. .... \$3.75

**Cinnamon & Blueberry Cream Cheese Scones -EVERYDAY**  
570-840 cal. .... \$2.75

**Pumpkin Cream Cheese Scone - F, S**  
570 cal. .... \$2.75

**Breakfast Rolls -EVERYDAY**  
..... \$4.50

**Assorted Cookies - EVERYDAY**  
370-570 cal. .... \$1.95  
Salted Caramel (M,TH,S) - Oatmeal  
Chocolate Chip (T,F) - Dillon (W) -  
Snickerdoodle (W) - M&M (F) -Double  
Chocolate Chip (S)

**Honey Bran Muffin - M, W, S**  
..... \$2.50

**Apple Streusel Coffeecake & Muffin - M**  
150 cal./slice ..... \$6.95 - \$2.50

**Chocolate Brownie Teacake & Muffin - T**  
180 cal./slice ..... \$6.95 - \$2.50

**Gluten X Blueberry Teacake & Muffin - T**  
180 cal./slice ..... \$6.95 / \$2.75

**Pumpkin Choc Chip Cake & Muffin - W, S**  
190 cal./slice ..... \$6.95 / \$2.50

**Almond Poppyseed Teacake & Muffin - TH**  
200 cal./slice ..... \$6.95 / \$2.50

**Zucchini Bread & Muffin - TH**  
130 cal./slice ..... \$6.95 / \$2.50

**Granny's Crumb Teacake & Muffin - F**  
180 cal./slice ..... \$6.95 / \$2.50

**Lemon Blueberry Teacake & Muffin - F**  
180 cal./slice ..... \$6.95 / \$2.50



Bread. The way it *ought* to be.



# HANDCRAFTED Breads & Goodies BAKE SCHEDULE

October 2018



31795 Rancho California Rd.  
Temecula, CA 92591  
(951) 676-0550

[www.GreatHarvesttemecua.com](http://www.GreatHarvesttemecua.com)

M - F: 6 AM - 6 PM

Sat: 6 AM - 6 PM

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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# HANDCRAFTED BREADS

Made from scratch every day.

## Honey Whole Wheat - EVERYDAY

130 cal./slice ..... \$5.75

A perfect blend of five pure ingredients freshly ground, flavor-rich wheat, pure honey, filtered water, salt, and yeast.

## Honey White - EVERYDAY

130 cal./slice ..... \$5.75

We keep it simple! Unbleached white flour, honey, salt, yeast, and water.

## Cinnamon Burst - EVERYDAY

170 cal./slice ..... \$7.25

An all-time favorite bread no matter how you slice it! Enjoy the sweet goodness of cinnamon chips in every bite. Makes a heavenly French toast.

## Alaskan Sourdough - EVERYDAY

130 cal./slice ..... \$6.50

Crusty, lightly sour loaf with a creamy interior that perfectly complements any dinner and makes an amazing sandwich.

## Nine Grain - M

140 cal./slice ..... \$6.25

Red and white cracked wheat, rye, barley, corn, millet, oats, flax, and buckwheat kernels.

## High 5 Fiber - T, TH, S

140 cal./slice ..... \$6.75

Whole wheat flour, honey, flax seeds, oat bran, millet, sunflower seeds, and wheat bran.

## Whole Grain Goodness - W

150 cal./slice ..... \$6.75

Fresh ground wheat, honey, sunflower and flax seeds, millet, barley, pecans, almonds, and oat bran.

## Dakota - F

150 cal./slice ..... \$6.75

Freshly ground whole wheat flour, honey, sunflower, sesame, and pumpkin seeds, and millet.

## Apple Cinnamon Swirl - M, T, W, F, S

160 cal./slice ..... \$8.50

## Pumpkin Swirl - T, TH, S

150 cal./slice ..... \$8.50

## Italian Herb Parmesan Sourdough - M, W, S

140 cal./slice ..... \$7.75

## Jalapeno Cheddar Sourdough - M, S

130 cal./slice ..... \$7.75

## Sun-Dried Tomato Herb Sourdough - T, F

140 cal./slice ..... \$7.75

## Tomato Pesto Provolone Sourdough - T, S

130 cal./slice ..... \$7.75

## Roasted Garlic Rosemary Sourdough - W

130 cal./slice ..... \$7.75

## 3 Cheese Sourdough - TH

150 cal./slice ..... \$7.75

## Kalamata Olive Parmesan Sourdough - TH

140 cal./slice ..... \$7.75

## Bacon Cheddar Sourdough - F

150 cal./slice ..... \$7.75

## Popeye Bread - F

110 cal./slice ..... \$7.25

Whole wheat and white flour blend, spinach, Parmesan cheese, honey, red peppers, onion, and garlic.

## French Bread - F, S

130 cal. .... \$5.50

## Autumn Apple Bread - TH

150 cal./slice ..... \$7.50

Apples, golden raisins, sunflower seeds, oats, maple syrup, and nutmeg. We promise, you'll fall for this wholesome, delicious bread.

We start baking at 3:45am and hot bread comes out of the oven from 9 am to noon! Get it Hot!

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